1. Gerunds and Infinitives with different meanings - Gerunds and infinitives with different meanings

I **regret** **saying** I liked the waitress.  
= I said I liked the waitress. I wish I hadn't said that.  
I **regret** **to say** that I liked the waitress.  
= I wish I didn't like the waitress, but I do.

I **went on** **drinking** more.  
= I continued to drink more.  
I **went on** **to become** manager.  
= Some time later, I became a manager.